

APP FEATURES



Music

Create your own playlist or choose Ready-made playlists that will be recommended with the main goal of promoting relaxation.



Songs

A library of different sounds with different categories capable of calming and relaxing to be listened to in the background, such as nature sounds: ocean sounds, birds, forest.



Vibration

Feel the vibration of the earphone case without wearing the earphones. This option is effective in situations where earphones cannot be worn.



Breathe

Sounds to guide the breathing pattern to relax and achieve a normal breathing rate.



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