TO CALMYOU DOWN WHEN YOU NEED IT.

MILD TRACKS YOUR MOOD AND ANXIETY LEVEL CONSTANTLY SO YOU GET HELP BEFORE YOU EVEN NOTICE YOU

Mild Tracks anxiety level all day long by the use of a tracker on your wrist

Mild plays music, calming sounds or breathing pastes to your needs

Mild Includes a case that can be used to calm you down by vibrations, distraction tools, smell and a soft feel

Mild has perfect noisecancelling and a transperancy mode

All to be controlled easily by an app on your phone

FOR PEOPLE LIKE YOU AND ME, STRUGGLING WITH ANXIETY

NEED IT.

Instituto Superior de **Engenharia** do Porto

BY DSTRS METAL CARE COMPANY SMART COMPANION